

Hi, just a reminder that you're receiving this email because you have expressed an interest in City of Rancho Mirage. Don't forget to add no-reply@ranchomirageca.gov to your address book so we'll be sure to land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



A MESSAGE FROM MAYOR SMOTRICH

March 12, 2020



Dear Friends:

Continuous information is being disseminated, regarding the Coronavirus (COVID-19) and how we can protect ourselves. It is extremely comforting to know that Eisenhower Health Center is well-equipped to deal with treating infectious diseases. They care for people, every day, who have contagious illnesses.

Although news channels continuously update the public on this illness, many questions are still asked related to:

- Who should be concerned regarding their own health conditions?
- Who decides which patients should be tested?
- What is the length of time needed to get test results?
- Does Eisenhower Health have enough tests?

These questions and more can be answered at the Eisenhower

Health link below:

<https://eisenhowerhealth.org/patients-visitors/coronavirus-covid-19-what-you-need-to-know/>

Eisenhower Health has also established a 24-Hour Hotline (760) TEST988 (or 760-837-8988). The hotline is manned with registered nurses around the clock, so please count on them for reliable and current information regarding symptom concerns.

The CDC continues to offer helpful information on the following:

How does COVID-19 Spread:

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html#spreads>

How can I protect myself:

<https://cdc.gov/coronavirus/2019-ncov/faq.html#protect>

Guidance for the community (large gatherings, workplace tips, etc...)

<https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>

Additionally, this is the latest I've received on cleansing products:

epa.gov/sites/production/files/2020-03/documents/sars-cov-2-list_03-03-2020.pdf

According to the Environmental Protection Agency (EPA), products on the list are "qualified for use against Covid-19", through the agencies Emerging Viral Pathogen program, where manufacturers provide the EPA with data that "shows their products are effective against harder to kill viruses". Coronaviruses are what are called envelope viruses "meaning they are one of the easiest types of viruses to kill with the appropriate disinfectant product" the EPA says.

More information on cleaning and disinfecting recommendations can be found below:

<https://www.cdc.gov/coronavirus/2019-ncov/community/home/cleaning-disinfection.html>

Lastly, we know, droplets are the transmission of this illness so please practice these precautionary measures:

- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Put distance between yourself and other people (at least 6 feet is recommended).
- Stay home if you are sick, except to get medical care. Cover coughs and sneezes.
- Cover your mouth and nose with a tissue when you cough or sneeze and discard the tissue.
- Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

I hope some of the above information is useful in guiding you through these difficult times and that you and your loved ones stay well and healthy.

With warmest regards,



Mayor Iris M. Smotrich
City of Rancho Mirage

Disclaimer: *The office of the mayor provides this article as a source of useful information for the public. While the information contained in the article may pertain to medical issues, it is not medical advice. Because of the rapidly changing nature of the issue, the Office of the Mayor makes no warranty or guarantee of the accuracy or reliability of the information contained in the attached article.*